



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Borger, Eric

Club: Tria-Team Bruchköbel e.V.
Number: 435

Course: 42.20 km
Marathon

Category:
Männer M30

Total time: 5:19:48

Speed: 7.88 km/h
Running performance: 7:35 min/km

Rank in course/Total: 234 (of 292)

Rank in course/Men: 217 (of 267)

Best time in course: 3:13:29

Rank in category: 22(of 24)

Best time in the category: 3:33:12

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 12.50 | 1:18:55 | 6:18 | 21 | 20:22 | 170 | 25:03 | 12.50 | 1:18:55 | 6:18 | 2 | 6:51 | 216 | 10:40 |
| Lap 2 | 10.55 | 1:12:31 | 6:52 | 21 | 21:10 | 193 | 24:45 | 23.05 | 2:31:26 | 6:34 | 2 | 14:48 | 222 | 19:48 |
| Lap 3 | 10.55 | 1:30:56 | 8:37 | 21 | 34:47 | 230 | 42:37 | 33.60 | 4:02:22 | 7:12 | 2 | 32:54 | 192 | 1:29:25 |
| Last lap Finish | 8.60 | 1:17:26 | 9:00 | 24 | 32:17 | 243 | 40:46 | 42.20 | 5:19:48 | 7:34 | 24 | 2:15:17 | 234 | 4:16:31 |