



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Perpeet, Stephan

Club: Hannover
Number: 257

Course: 42.20 km
Marathon

Category:
Männer M45

Total time: 5:19:57

Speed: 7.88 km/h
Running performance: 7:35 min/km

Rank in course/Total: 235 (of 292)

Rank in course/Men: 218 (of 267)

Best time in course: 3:13:29

Rank in category: 43(of 57)

Best time in the category: 3:37:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:24:41	6:46	45	25:16	224	30:49	12.50	1:24:41	6:46	19	5:07	217	16:26
Lap 2	10.55	1:15:12	7:07	43	20:12	212	27:26	23.05	2:39:53	6:56	19	10:06	223	28:15
Lap 3	10.55	1:21:16	7:42	39	32:57	188	32:57	33.60	4:01:09	7:10	14	10:43	193	1:28:12
Last lap Finish	8.60	1:18:48	9:09	51	36:08	248	42:08	42.20	5:19:57	7:34	47	2:08:56	235	4:16:40