



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Hottas, Christian

Club: 100 Marathon club U.K.
Number: 142

Course: 42.20 km
Marathon

Category:
Männer M50

Total time: 5:20:00

Speed: 7.88 km/h
Running performance: 7:35 min/km

Rank in course/Total: 237 (of 292)

Rank in course/Men: 220 (of 267)

Best time in course: 3:13:29

Rank in category: 21(of 26)

Best time in the category: 3:26:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:40:18	8:01	26	39:52	265	46:26	12.50	1:40:18	8:01	6	23:58	219	32:03
Lap 2	10.55	1:19:04	7:29	22	27:44	239	31:18	23.05	2:59:22	7:46	6	29:46	224	47:44
Lap 3	10.55	1:22:11	7:47	18	28:29	191	33:52	33.60	4:21:33	7:47	6	33:08	195	1:48:36
Last lap Finish	8.60	58:27	6:47	12	19:53	123	21:47	42.20	5:20:00	7:34	22	1:57:14	237	4:16:43