



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Eichner, Sigrid

Club: 100 Marathon Club
Number: 71

Course: 42.20 km
Marathon

Category:
Frauen W65

Total time: 5:21:45

Speed: 7.83 km/h
Running performance: 7:38 min/km

Rank in course/Total: 240 (of 292)

Rank in course/Women: 18 (of 25)

Best time in course: 4:02:42

Rank in category: 1(of 1)

Best time in the category: 5:21:45

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	12.50	1:30:30	7:14	1	-	20	22:21	12.50	1:30:30	7:14	1	-	9	6:16
Lap 2	10.55	1:19:49	7:33	1	-	18	20:01	23.05	2:50:19	7:23	1	-	5	35:05
Lap 3	10.55	1:25:28	8:06	1	-	17	21:34	33.60	4:15:47	7:36	1	-	8	12:26
Last lap Finish	8.60	1:05:58	7:40	1	-	17	16:54	42.20	5:21:45	7:37	1	-	18	1:19:03