



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Kreutz, Andreas

Club: Aschau
Number: 183

Course: 42.20 km
Marathon

Category:
Männer M45

Total time: 5:22:44

Speed: 7.81 km/h
Running performance: 7:39 min/km

Rank in course/Total: 241 (of 292)

Rank in course/Men: 223 (of 267)

Best time in course: 3:13:29

Rank in category: 45(of 57)

Best time in the category: 3:37:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Lap 1	12.50	1:26:40	6:56	48	27:15	236	32:48	12.50	1:26:40	6:56	21	7:06	222	18:25
Lap 2	10.55	1:18:21	7:25	49	23:21	233	30:35	23.05	2:45:01	7:09	21	15:14	228	33:23
Lap 3	10.55	1:26:29	8:11	44	38:10	209	38:10	33.60	4:11:30	7:29	16	21:04	198	1:38:33
Last lap Finish	8.60	1:11:14	8:16	46	28:34	212	34:34	42.20	5:22:44	7:38	49	2:11:43	240	4:19:27