



# 8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

## Detailed evaluation

**Spät, Tobias**

Club: Waltershausen  
Number: 366

Course: 42.20 km  
Marathon

Category:  
Männer M20

Total time: 5:27:52

Speed: 7.69 km/h  
Running performance: 7:46 min/km

Rank in course/Total: 247 (of 292)

Rank in course/Men: 229 (of 267)

Best time in course: 3:13:29

Rank in category: 27(of 31)

Best time in the category: 3:32:55

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:29:02	7:07	30	32:12	246	35:10	12.50	1:29:02	7:07	4	17:13	228	20:47
Lap 2	10.55	1:19:00	7:29	29	27:31	238	31:14	23.05	2:48:02	7:17	4	28:30	234	36:24
Lap 3	10.55	1:26:29	8:11	26	31:15	209	38:10	33.60	4:14:31	7:34	3	41:09	204	1:41:34
Last lap Finish	8.60	1:13:21	8:31	27	36:41	221	36:41	42.20	5:27:52	7:46	29	2:00:31	246	4:24:35