



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Vicente, Labrador Ramos

Club: Hinojedo
Number: 393

Course: 42.20 km
Marathon

Category:
Männer M45

Total time: 5:27:55

Speed: 7.68 km/h
Running performance: 7:46 min/km

Rank in course/Total: 248 (of 292)

Rank in course/Men: 230 (of 267)

Best time in course: 3:13:29

Rank in category: 46(of 57)

Best time in the category: 3:37:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Lap 1	12.50	1:16:50	6:08	28	17:25	145	22:58	12.50	1:16:50	6:08	22		229	8:35
Lap 2	10.55	1:15:29	7:09	45	20:29	215	27:43	23.05	2:32:19	6:36	22	2:32	235	20:41
Lap 3	10.55	1:20:11	7:36	37	31:52	181	31:52	33.60	3:52:30	6:55	17	2:04	205	1:19:33
Last lap Finish	8.60	1:35:25	11:05	57	52:45	264	58:45	42.20	5:27:55	7:46	50	2:16:54	247	4:24:38