



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Bamberger, Stefan

Club: TG Höchberg
Number: 12

Course: 42.20 km
Marathon

Category:
Männer M20

Total time: 5:36:17

Speed: 7.49 km/h
Running performance: 7:58 min/km

Rank in course/Total: 254 (of 292)

Rank in course/Men: 236 (of 267)

Best time in course: 3:13:29

Rank in category: 29(of 31)

Best time in the category: 3:32:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:18:18	6:15	25	21:28	163	24:26	12.50	1:18:18	6:15	2	6:29	176	10:03
Lap 2	10.55	1:20:54	7:40	30	29:25	241	33:08	23.05	2:39:12	6:54	2	19:40	241	27:34
Lap 3	10.55	1:41:49	9:39	29	46:35	247	53:30	33.60	4:21:01	7:46	2	47:39	210	1:48:04
Last lap Finish	8.60	1:15:16	8:45	28	38:36	232	38:36	42.20	5:36:17	7:58	31	2:08:56	252	4:33:00