



# 8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

## Detailed evaluation

**Meyer, Hans-Joachim**

Club: 100 Marathon Club  
Number: 217

Course: 42.20 km  
Marathon

Category:  
Männer M70

Total time: 5:39:42

Speed: 7.42 km/h  
Running performance: 8:03 min/km

Rank in course/Total: 257 (of 292)

Rank in course/Men: 239 (of 267)

Best time in course: 3:13:29

Rank in category: 1(of 1)

Best time in the category: 5:39:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:32:42	7:24	1	-	254	38:50	12.50	1:32:42	7:24	1	-	234	24:27
Lap 2	10.55	1:23:55	7:57	1	-	251	36:09	23.05	2:56:37	7:39	1	-	263	44:59
Lap 3	10.55	1:30:06	8:32	1	-	226	41:47	33.60	4:26:43	7:56	1	-	213	1:53:46
Last lap Finish	8.60	1:12:59	8:29	1	-	217	36:19	42.20	5:39:42	8:02	1	-	256	4:36:25