



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Eis, Jutta

Club: Hannover
Number: 72

Course: 42.20 km
Marathon

Category:
Frauen W45

Total time: 5:39:44

Speed: 7.42 km/h
Running performance: 8:03 min/km

Rank in course/Total: 258 (of 292)

Rank in course/Women: 19 (of 25)

Best time in course: 4:02:42

Rank in category: 8(of 8)

Best time in the category: 4:08:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	12.50	1:32:47	7:25	8	19:37	21	24:38	12.50	1:32:47	7:25	8	19:37	8	8:33
Lap 2	10.55	1:24:48	8:02	8	22:44	22	25:00	23.05	2:57:35	7:42	8	42:21	22	42:21
Lap 3	10.55	1:31:58	8:43	8	28:04	21	28:04	33.60	4:29:33	8:01	8	1:10:25	7	26:12
Last lap Finish	8.60	1:10:11	8:09	8	21:07	20	21:07	42.20	5:39:44	8:03	8	1:31:32	19	1:37:02