



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Hoffmann, Andrea

Club: 1. LAV Rostock
Number: 134

Course: 42.20 km
Marathon

Category:
Frauen W50

Total time: 5:39:48

Speed: 7.42 km/h
Running performance: 8:03 min/km

Rank in course/Total: 259 (of 292)

Rank in course/Women: 20 (of 25)

Best time in course: 4:02:42

Rank in category: 3(of 6)

Best time in the category: 4:41:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Cat.	Women	Women				Cat.	Cat.	Women	Women
Lap 1	12.50	1:32:56	7:26	4	15:05	22	24:47	12.50	1:32:56	7:26	3	15:05	7	8:42
Lap 2	10.55	1:22:24	7:48	4	12:14	20	22:36	23.05	2:55:20	7:36	3	27:19	4	40:06
Lap 3	10.55	1:30:17	8:33	4	14:27	20	26:23	33.60	4:25:37	7:54	3	41:46	6	22:16
Last lap Finish	8.60	1:14:11	8:37	5	16:36	23	25:07	42.20	5:39:48	8:03	3	58:22	20	1:37:06