



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Breiter, Steffen

Club: TG Obertshausen
Number: 45

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 5:47:07

Speed: 7.26 km/h
Running performance: 8:14 min/km

Rank in course/Total: 268 (of 292)

Rank in course/Men: 245 (of 267)

Best time in course: 3:13:29

Rank in category: 60(of 64)

Best time in the category: 3:25:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:34:18	7:32	63	39:36	259	40:26	12.50	1:34:18	7:32	32	19:19	244	26:03
Lap 2	10.55	1:25:48	8:07	61	36:12	258	38:02	23.05	3:00:06	7:48	32	34:18	247	48:28
Lap 3	10.55	1:32:47	8:47	56	36:57	239	44:28	33.60	4:32:53	8:07	28	47:14	219	1:59:56
Last lap Finish	8.60	1:14:14	8:37	54	33:35	226	37:34	42.20	5:47:07	8:13	64	4:43:50	262	4:43:50