



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Ulmschneider, Klaus-Peter

Club: 100 Marathon Club
Number: 392

Course: 42.20 km
Marathon

Category:
Männer M45

Total time: 5:49:02

Speed: 7.25 km/h
Running performance: 8:16 min/km

Rank in course/Total: 271 (of 292)

Rank in course/Men: 247 (of 267)

Best time in course: 3:13:29

Rank in category: 52(of 57)

Best time in the category: 3:37:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:30:05	7:12	52	30:40	250	36:13	12.50	1:30:05	7:12	28	10:31	246	21:50
Lap 2	10.55	1:24:04	7:58	54	29:04	252	36:18	23.05	2:54:09	7:33	27	24:22	249	42:31
Lap 3	10.55	1:35:40	9:04	51	47:21	242	47:21	33.60	4:29:49	8:01	23	39:23	221	1:56:52
Last lap Finish	8.60	1:19:13	9:12	52	36:33	251	42:33	42.20	5:49:02	8:16	56	2:38:01	264	4:45:45