



8. Unter-Tage-Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Kreutzer, Carolin

Club: Spirit of Küssnacht
 Number: 19

Course: 21.10 km
 Halbmarathon

Category:
 Frauen W30

Total time: 2:26:56

Speed: 8.58 km/h
 Running performance: 6:58 min/km

Rank in course/Total: 37 (of 61)

Rank in course/Women: 3 (of 11)

Best time in course: 2:22:03

Rank in category: 1(of 4)

Best time in the category: 2:26:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	12.50	1:27:53	7:01	2	8:23	5	8:23	12.50	1:27:53	7:01	1	-	3	2:23
Last lap Finish	8.60	59:03	6:51	1	-	3	3:29	21.10	2:26:56	6:57	1	-	3	4:53