



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Hansen, Dirk

Club: Niebüll

Number: 113

Course: 21.10 km

Halbmarathon

Category:

Männer M45

Total time: 2:35:18

Speed: 8.11 km/h

Running performance: 7:22 min/km

Rank in course/Total: 44 (of 61)

Rank in course/Men: 40 (of 50)

Best time in course: 1:46:02

Rank in category: 7(of 8)

Best time in the category: 2:00:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	12.50	1:29:50	7:11	8	17:20	40	25:40	12.50	1:29:50	7:11	7	17:20	15		
Last lap Finish	8.60	1:05:28	7:36	6	17:32	38	23:36	21.10	2:35:18	7:21	7	34:52	40	49:16	