



8. Unter-Tage-Sparkassen Marathon  
 Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Krutzsch, Cindy

Club: Berlin  
 Number: 190

Course: 21.10 km  
 Halbmarathon

Category:  
 Frauen W30

Total time: 2:45:00

Speed: 7.64 km/h  
 Running performance: 7:49 min/km

Rank in course/Total: 52 (of 61)

Rank in course/Women: 8 (of 11)

Best time in course: 2:22:03

Rank in category: 4(of 4)

Best time in the category: 2:26:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Total ranking				
											Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	12.50	1:19:30	6:21	1	-	1	-	12.50	1:19:30	6:21	4			8	
Last lap Finish	8.60	1:25:30	9:56	4	26:27	10	29:56	21.10	2:45:00	7:49	4	18:04		8	22:57