



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Wiemker, Thomas

Club: Cabas Cabanauten
Number: 418

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 2:45:47

Speed: 7.60 km/h
Running performance: 7:52 min/km

Rank in course/Total: 54 (of 61)

Rank in course/Men: 46 (of 50)

Best time in course: 1:46:02

Rank in category: 10(of 11)

Best time in the category: 1:59:16

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	12.50	1:36:49	7:44	10	25:44	46	32:39	12.50	1:36:49	7:44	10	25:44	21	1:13
Last lap Finish	8.60	1:08:58	8:01	10	20:47	43	27:06	21.10	2:45:47	7:51	10	46:31	46	59:45