



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Hilpert, Jens

Club: TUS Massenheim

Number: 131

Course: 42.20 km

Marathon

Category:

Männer M35

Total time: 3:22:06

Speed: 12.47 km/h

Running performance: 4:47 min/km

Rank in course/Total: 2 (of 292)

Rank in course/Men: 2 (of 267)

Best time in course: 3:13:29

Rank in category: 1(of 50)

Best time in the category: 3:22:06

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	12.50	57:48	4:37	2	0:58	6	3:56	12.50	57:48	4:37	49		255	
Lap 2	10.55	49:18	4:40	1	-	2	1:32	23.05	1:47:06	4:38	37		5	
Lap 3	10.55	53:24	5:03	1	-	3	5:05	33.60	2:40:30	4:46	2		2	7:33
Last lap Finish	8.60	41:36	4:50	1	-	5	4:56	42.20	3:22:06	4:47	1	-	7	2:18:49