



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Oldani, Lukas

Club: LSV Basel
Number: 243

Course: 42.20 km
Marathon

Category:
Männer M20

Total time: 3:32:55

Speed: 11.84 km/h
Running performance: 5:03 min/km

Rank in course/Total: 7 (of 292)

Rank in course/Men: 7 (of 267)

Best time in course: 3:13:29

Rank in category: 1(of 31)

Best time in the category: 3:32:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	12.50	58:35	4:41	2	1:45	10	4:43	12.50	58:35	4:41	30			257	
Lap 2	10.55	51:29	4:52	1	-	7	3:43	23.05	1:50:04	4:46	29			12	
Lap 3	10.55	55:14	5:14	1	-	5	6:55	33.60	2:45:18	4:55	13			7	12:21
Last lap Finish	8.60	47:37	5:32	3	10:57	25	10:57	42.20	3:32:55	5:02	2	5:34		14	2:29:38