



# 8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

## Detailed evaluation

**Lehner, Martin**

Club: SV Bayreuth  
Number: 197

Course: 42.20 km  
Marathon

Category:  
Männer M45

Total time: 3:37:52

Speed: 11.57 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 11 (of 292)

Rank in course/Men: 11 (of 267)

Best time in course: 3:13:29

Rank in category: 1(of 57)

Best time in the category: 3:37:52

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	12.50	1:02:48	5:01	2	3:23	22	8:56	12.50	1:02:48	5:01	56		263	
Lap 2	10.55	55:00	5:12	1	-	19	7:14	23.05	1:57:48	5:06	55		254	
Lap 3	10.55	57:24	5:26	3	9:05	16	9:05	33.60	2:55:12	5:12	3		11	22:15
Last lap Finish	8.60	42:40	4:57	1	-	7	6:00	42.20	3:37:52	5:09	3	26:51	18	2:34:35