



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Bechler, Ralf

Club: Rennsteiglaufverein
Number: 16

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 2:00:26

Speed: 10.46 km/h
Running performance: 5:43 min/km

Rank in course/Total: 6 (of 61)

Rank in course/Men: 6 (of 50)

Best time in course: 1:46:02

Rank in category: 1(of 8)

Best time in the category: 2:00:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	12.50	1:12:30	5:47	1	-	8	8:20	12.50	1:12:30	5:47	1	-	30	
Last lap Finish	8.60	47:56	5:34	1	-	6	6:04	21.10	2:00:26	5:42	1	-	6	14:24