



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Andersen, Johnny Wulff

Club: Team Rold Skov

Number: 4

Course: 42.20 km

Marathon

Category:

Männer M30

Total time: 3:45:15

Speed: 11.19 km/h

Running performance: 5:20 min/km

Rank in course/Total: 15 (of 292)

Rank in course/Men: 15 (of 267)

Best time in course: 3:13:29

Rank in category: 4(of 24)

Best time in the category: 3:33:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	12.50	59:58	4:47	4	1:25	14	6:06	12.50	59:58	4:47	24			260	
Lap 2	10.55	52:15	4:57	2	0:54	11	4:29	23.05	1:52:13	4:52	21			18	
Lap 3	10.55	1:01:07	5:47	4	4:58	28	12:48	33.60	2:53:20	5:09	18			13	20:23
Last lap Finish	8.60	51:55	6:02	7	6:46	54	15:15	42.20	3:45:15	5:20	5	40:44		22	2:41:58