



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Schmidt, Stefan

Club: Berlin
Number: 321

Course: 42.20 km
Marathon

Category:
Männer M30

Total time: 3:45:54

Speed: 11.16 km/h
Running performance: 5:21 min/km

Rank in course/Total: 16 (of 292)

Rank in course/Men: 16 (of 267)

Best time in course: 3:13:29

Rank in category: 5(of 24)

Best time in the category: 3:33:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	12.50	59:43	4:46	3	1:10	13	5:51	12.50	59:43	4:46	23			259	
Lap 2	10.55	52:51	5:00	4	1:30	13	5:05	23.05	1:52:34	4:53	20			19	
Lap 3	10.55	1:02:08	5:53	5	5:59	39	13:49	33.60	2:54:42	5:11	20			225	21:45
Last lap Finish	8.60	51:12	5:57	5	6:03	48	14:32	42.20	3:45:54	5:21	6	41:23	23	2:42:37	