



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Mörth, Sascha

Club: Düsseldorf
Number: 228

Course: 42.20 km
Marathon

Category:
Männer M35

Total time: 3:47:13

Speed: 11.09 km/h
Running performance: 5:23 min/km

Rank in course/Total: 17 (of 292)

Rank in course/Men: 17 (of 267)

Best time in course: 3:13:29

Rank in category: 3(of 50)

Best time in the category: 3:22:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	12.50	1:03:51	5:06	4	7:01	24	9:59	12.50	1:03:51	5:06	50			265	
Lap 2	10.55	53:54	5:06	4	4:36	15	6:08	23.05	1:57:45	5:06	49			253	
Lap 3	10.55	59:42	5:39	5	6:18	24	11:23	33.60	2:57:27	5:16	26		14	24:30	
Last lap Finish	8.60	49:46	5:47	7	8:10	37	13:06	42.20	3:47:13	5:23	3	25:07	25	2:43:56	