



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Farthing, Christian

Club: Berliner Flughäfen
Number: 77

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 3:48:22

Speed: 11.03 km/h
Running performance: 5:25 min/km

Rank in course/Total: 20 (of 292)

Rank in course/Men: 20 (of 267)

Best time in course: 3:13:29

Rank in category: 4(of 64)

Best time in the category: 3:25:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:08:01	5:26	9	13:19	44	14:09	12.50	1:08:01	5:26	35		13	
Lap 2	10.55	56:51	5:23	3	7:15	22	9:05	23.05	2:04:52	5:25	63		261	
Lap 3	10.55	57:05	5:24	4	1:15	14	8:46	33.60	3:01:57	5:24	55		228	29:00
Last lap Finish	8.60	46:25	5:23	6	5:46	17	9:45	42.20	3:48:22	5:24	5	2:45:05	28	2:45:05