



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

STOHLTREIER, Thorsten

Club: sparclub-spiekers-corner marsberg
Number: 360

Course: 42.16 km
Marathon

Category:
Männer M35

Total time: 3:55:13

Speed: 10.75 km/h
Running performance: 5:35 min/km

Rank in course/Total: 34 (of 289)

Rank in course/Men: 34 (of 261)

Best time in course: 3:20:36

Rank in category: 6(of 42)

Best time in the category: 3:29:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	26:21	5:00	3	3:59	31	3:59	5.27	26:21	5:00	30		42	
Lap 2	5.27	27:01	5:07	4	3:35	33	3:35	10.54	53:22	5:03	25		40	
Lap 3	5.27	27:14	5:10	4	3:36	28	3:36	15.81	1:20:36	5:05	28		37	
Lap 4	5.27	28:30	5:24	8	3:28	38	3:52	21.08	1:49:06	5:10	24		36	
Lap 5	5.27	29:41	5:37	10	3:32	41	4:22	26.35	2:18:47	5:16	25		31	15:58
Lap 6	5.27	30:27	5:46	9	3:56	40	4:36	31.62	2:49:14	5:21	25		34	20:28
Lap 7	5.27	32:33	6:10	9	4:54	44	6:26	36.89	3:21:47	5:28	23		27	26:54
Last lap Finish	5.27	33:26	6:20	10	6:49	55	7:43	42.16	3:55:13	5:34	9	2:29:20	43	3:28:26