



## 9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

### Detailed evaluation

**KERRUTT, Anja**

Club: Erfurt  
Number: 163

Course: 42.16 km  
Marathon

Category:  
Frauen W30

Total time: 4:05:29

Speed: 10.30 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 50 (of 289)

Rank in course/Women: 1 (of 28)

Best time in course: 4:05:29

Rank in category: 1(of 7)

Best time in the category: 4:05:29

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| Lap 1           | 5.27        | 32:51         | 6:14            | 3           | 2:10           | 10           | 5:06            | 5.27        | 32:51         | 6:14            | 2           |                | 27           | 1:30            |
| Lap 2           | 5.27        | 29:39         | 5:37            | 1           | -              | 3            | 0:33            | 10.54       | 1:02:30       | 5:55            | 2           |                | 21           |                 |
| Lap 3           | 5.27        | 29:03         | 5:30            | 1           | -              | 1            | -               | 15.81       | 1:31:33       | 5:47            | 1           | -              | 13           |                 |
| Lap 4           | 5.27        | 29:18         | 5:33            | 1           | -              | 1            | -               | 21.08       | 2:00:51       | 5:43            | 1           | -              | 14           |                 |
| Lap 5           | 5.27        | 29:46         | 5:38            | 1           | -              | 1            | -               | 26.35       | 2:30:37       | 5:42            | 1           | -              | 12           |                 |
| Lap 6           | 5.27        | 30:46         | 5:50            | 1           | -              | 1            | -               | 31.62       | 3:01:23       | 5:44            | 3           |                | 24           |                 |
| Lap 7           | 5.27        | 31:53         | 6:02            | 1           | -              | 1            | -               | 36.89       | 3:33:16       | 5:46            | 1           | -              | 20           |                 |
| Last lap Finish | 5.27        | 32:13         | 6:06            | 1           | -              | 1            | -               | 42.16       | 4:05:29       | 5:49            | 2           | 2:35:48        | 2            | 2:35:48         |