



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

FIEGE, Jens

Club: TSG Maxdorf
Number: 69

Course: 42.16 km
Marathon

Category:
Männer M35

Total time: 4:07:42

Speed: 10.17 km/h
Running performance: 5:53 min/km

Rank in course/Total: 55 (of 289)

Rank in course/Men: 54 (of 261)

Best time in course: 3:20:36

Rank in category: 10(of 42)

Best time in the category: 3:29:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	27:00	5:07	5	4:38	39	4:38	5.27	27:00	5:07	34		64	
Lap 2	5.27	27:33	5:13	5	4:07	44	4:07	10.54	54:33	5:10	28		33	
Lap 3	5.27	28:07	5:20	8	4:29	44	4:29	15.81	1:22:40	5:13	32		59	
Lap 4	5.27	29:42	5:38	11	4:40	56	5:04	21.08	1:52:22	5:19	28		56	
Lap 5	5.27	30:59	5:52	14	4:50	67	5:40	26.35	2:23:21	5:26	29		52	20:32
Lap 6	5.27	32:20	6:08	14	5:49	66	6:29	31.62	2:55:41	5:33	29		53	26:55
Lap 7	5.27	36:31	6:55	14	8:52	93	10:24	36.89	3:32:12	5:45	27		48	37:19
Last lap Finish	5.27	35:30	6:44	12	8:53	77	9:47	42.16	4:07:42	5:52	13	2:41:49	64	3:40:55