



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

KUNZE, Michael

Club: PSV Grün-Weiß Kassel
Number: 193

Course: 42.16 km
Marathon

Category:
Männer M30

Total time: 4:09:56

Speed: 10.08 km/h
Running performance: 5:56 min/km

Rank in course/Total: 60 (of 289)

Rank in course/Men: 58 (of 261)

Best time in course: 3:20:36

Rank in category: 13(of 31)

Best time in the category: 3:22:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	30:11	5:43	20	6:34	96	7:49	5.27	30:11	5:43	20	3:00	68	
Lap 2	5.27	29:57	5:40	17	5:24	91	6:31	10.54	1:00:08	5:42	27	4:58	199	
Lap 3	5.27	30:14	5:44	18	5:56	83	6:36	15.81	1:30:22	5:42	20	5:50	63	
Lap 4	5.27	30:41	5:49	16	6:02	75	6:03	21.08	2:01:03	5:44	28	6:39	215	
Lap 5	5.27	30:39	5:48	11	5:13	56	5:20	26.35	2:31:42	5:45	18	5:55	56	28:53
Lap 6	5.27	31:58	6:03	9	6:07	59	6:07	31.62	3:03:40	5:48	27	25:39	57	34:54
Lap 7	5.27	34:04	6:27	9	7:53	59	7:57	36.89	3:37:44	5:54	17		52	42:51
Last lap Finish	5.27	32:12	6:06	8	6:08	40	6:29	42.16	4:09:56	5:55	13	47:13	68	3:43:09