



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

WIERCIOCH, Piotr

Club: Wagrowiec PL

Number: 402

Course: 42.16 km

Marathon

Category:

Männer M35

Total time: 4:10:38

Speed: 10.09 km/h

Running performance: 5:56 min/km

Rank in course/Total: 63 (of 289)

Rank in course/Men: 61 (of 261)

Best time in course: 3:20:36

Rank in category: 13(of 42)

Best time in the category: 3:29:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	29:01	5:30	16	6:39	82	6:39	5.27	29:01	5:30	37		71	
Lap 2	5.27	28:00	5:18	7	4:34	53	4:34	10.54	57:01	5:24	31		66	
Lap 3	5.27	28:12	5:21	10	4:34	47	4:34	15.81	1:25:13	5:23	35		66	
Lap 4	5.27	27:18	5:10	5	2:16	24	2:40	21.08	1:52:31	5:20	31		62	
Lap 5	5.27	27:30	5:13	4	1:21	15	2:11	26.35	2:20:01	5:18	32		59	17:12
Lap 6	5.27	29:27	5:35	6	2:56	23	3:36	31.62	2:49:28	5:21	32		59	20:42
Lap 7	5.27	39:49	7:33	27	12:10	151	13:42	36.89	3:29:17	5:40	30		55	34:24
Last lap Finish	5.27	41:21	7:50	29	14:44	158	15:38	42.16	4:10:38	5:56	16	2:44:45	71	3:43:51