



# 9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

## Detailed evaluation

**WALTER, Sebastian**

Club: Neubiberg  
Number: 391

Course: 42.16 km  
Marathon

Category:  
Männer M20

Total time: 4:19:18

Speed: 9.72 km/h  
Running performance: 6:09 min/km

Rank in course/Total: 86 (of 289)

Rank in course/Men: 82 (of 261)

Best time in course: 3:20:36

Rank in category: 8(of 22)

Best time in the category: 3:31:12

### Intermediate times

### Stage score

### Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total			Pos	Behind	Pos	Behind
	km	Time			min/km	Cat.		Men	Men	km				
Lap 1	5.27	32:24	6:08	14	8:22	149	10:02	5.27	32:24	6:08	13		92	
Lap 2	5.27	29:49	5:39	9	5:00	88	6:23	10.54	1:02:13	5:54	18	8:38	218	
Lap 3	5.27	31:00	5:52	13	6:06	102	7:22	15.81	1:33:13	5:53	13		87	
Lap 4	5.27	31:24	5:57	9	5:53	83	6:46	21.08	2:04:37	5:54	8	16:19	77	
Lap 5	5.27	31:32	5:59	9	5:32	74	6:13	26.35	2:36:09	5:55	12		80	33:20
Lap 6	5.27	33:45	6:24	10	6:46	81	7:54	31.62	3:09:54	6:00	13		73	41:08
Lap 7	5.27	35:49	6:47	8	7:29	83	9:42	36.89	3:45:43	6:07	12		76	50:50
Last lap Finish	5.27	33:35	6:22	9	6:48	57	7:52	42.16	4:19:18	6:09	11	3:52:31	92	3:52:31