



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

GERLACH, Gerald

Club: Dresden
Number: 88

Course: 42.16 km
Marathon

Category:
Männer M50

Total time: 4:27:15

Speed: 9.43 km/h
Running performance: 6:20 min/km

Rank in course/Total: 100 (of 289)

Rank in course/Men: 96 (of 261)

Best time in course: 3:20:36

Rank in category: 8(of 32)

Best time in the category: 3:20:36

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	5.27	33:09	6:17	15	9:06	164	10:47	5.27	33:09	6:17	24		106	
Lap 2	5.27	32:16	6:07	12	8:02	152	8:50	10.54	1:05:25	6:12	29	17:04	238	
Lap 3	5.27	32:35	6:10	10	8:04	146	8:57	15.81	1:38:00	6:11	24		101	
Lap 4	5.27	33:10	6:17	12	8:32	136	8:32	21.08	2:11:10	6:13	23		89	
Lap 5	5.27	33:27	6:20	11	8:08	106	8:08	26.35	2:44:37	6:14	22		94	41:48
Lap 6	5.27	34:12	6:29	10	8:15	93	8:21	31.62	3:18:49	6:17	22		82	50:03
Lap 7	5.27	34:49	6:36	9	8:42	73	8:42	36.89	3:53:38	6:19	22		90	58:45
Last lap Finish	5.27	33:37	6:22	5	7:54	58	7:54	42.16	4:27:15	6:20	9	3:05:42	106	4:00:28