



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

MATHES, Dieter

Club: LT Herbrechtingen
Number: 222

Course: 42.16 km
Marathon

Category:
Männer M50

Total time: 4:31:22

Speed: 9.32 km/h
Running performance: 6:26 min/km

Rank in course/Total: 114 (of 289)

Rank in course/Men: 110 (of 261)

Best time in course: 3:20:36

Rank in category: 13(of 32)

Best time in the category: 3:20:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	31:44	6:01	12	7:41	137	9:22	5.27	31:44	6:01	19		120	
Lap 2	5.27	32:26	6:09	14	8:12	156	9:00	10.54	1:04:10	6:05	27	15:49	226	
Lap 3	5.27	33:44	6:24	16	9:13	171	10:06	15.81	1:37:54	6:11	19		115	
Lap 4	5.27	33:43	6:23	14	9:05	149	9:05	21.08	2:11:37	6:14	18		99	
Lap 5	5.27	34:13	6:29	13	8:54	130	8:54	26.35	2:45:50	6:17	17		108	43:01
Lap 6	5.27	34:25	6:31	12	8:28	99	8:34	31.62	3:20:15	6:19	27		95	51:29
Lap 7	5.27	35:20	6:42	11	9:13	80	9:13	36.89	3:55:35	6:23	17		104	1:00:42
Last lap Finish	5.27	35:47	6:47	9	10:04	82	10:04	42.16	4:31:22	6:26	14	3:09:49	120	4:04:35