



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

KÜHN, Matthias

Club: TV Dreieichenhan
Number: 189

Course: 42.16 km
Marathon

Category:
Männer M35

Total time: 4:50:13

Speed: 8.68 km/h
Running performance: 6:53 min/km

Rank in course/Total: 167 (of 289)

Rank in course/Men: 157 (of 261)

Best time in course: 3:20:36

Rank in category: 29(of 42)

Best time in the category: 3:29:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos		Behind	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	33:24	6:20	32	11:02	169	11:02	5.27	33:24	6:20	11		103	
Lap 2	5.27	32:47	6:13	30	9:21	164	9:21	10.54	1:06:11	6:16	39	4:26	242	
Lap 3	5.27	32:46	6:13	26	9:08	149	9:08	15.81	1:38:57	6:15	11		162	
Lap 4	5.27	34:11	6:29	31	9:09	157	9:33	21.08	2:13:08	6:18	7		129	1:28
Lap 5	5.27	36:27	6:54	32	10:18	169	11:08	26.35	2:49:35	6:26	1	-	154	46:46
Lap 6	5.27	39:57	7:34	33	13:26	185	14:06	31.62	3:29:32	6:37	9		141	1:00:46
Lap 7	5.27	43:15	8:12	32	15:36	182	17:08	36.89	4:12:47	6:51	9		138	1:17:54
Last lap Finish	5.27	37:26	7:06	20	10:49	113	11:43	42.16	4:50:13	6:53	32	3:24:20	168	4:23:26