



# 9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

## Detailed evaluation

**WEDEMEYER, Micha**

Club: CaBa`s CaBaNauTeN  
Number: 393

Course: 42.16 km  
Marathon

Category:  
Männer M35

Total time: 5:28:19

Speed: 7.70 km/h  
Running performance: 7:47 min/km

Rank in course/Total: 244 (of 289)

Rank in course/Men: 224 (of 261)

Best time in course: 3:20:36

Rank in category: 38(of 42)

Best time in the category: 3:29:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	37:29	7:06	39	15:07	240	15:07	5.27	37:29	7:06	20	2:58	233	
Lap 2	5.27	36:04	6:50	39	12:38	225	12:38	10.54	1:13:33	6:58	17	11:48	36	
Lap 3	5.27	37:26	7:06	39	13:48	226	13:48	15.81	1:50:59	7:01	20	8:34	224	
Lap 4	5.27	38:48	7:21	40	13:46	220	14:10	21.08	2:29:47	7:06	16	11:37	182	18:07
Lap 5	5.27	38:39	7:20	37	12:30	208	13:20	26.35	3:08:26	7:09	39	18:51	249	1:05:37
Lap 6	5.27	42:46	8:06	37	16:15	209	16:55	31.62	3:51:12	7:18	18	18:49	207	1:22:26
Lap 7	5.27	46:24	8:48	37	18:45	214	20:17	36.89	4:37:36	7:31	17	24:32	199	1:42:43
Last lap Finish	5.27	50:43	9:37	37	24:06	237	25:00	42.16	5:28:19	7:47	41	4:02:26	235	5:01:32