



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

HOFFMANN, Eckhard

Club: 1. LAV Rostock

Number: 127

Course: 42.16 km

Marathon

Category:

Männer M50

Total time: 5:42:34

Speed: 7.38 km/h

Running performance: 8:08 min/km

Rank in course/Total: 257 (of 289)

Rank in course/Men: 235 (of 261)

Best time in course: 3:20:36

Rank in category: 29(of 32)

Best time in the category: 3:20:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	36:16	6:52	23	12:13	222	13:54	5.27	36:16	6:52	4		245	
Lap 2	5.27	37:48	7:10	26	13:34	240	14:22	10.54	1:14:04	7:01	4	25:43	179	
Lap 3	5.27	38:50	7:22	28	14:19	246	15:12	15.81	1:52:54	7:08	4	9:04	240	
Lap 4	5.27	40:29	7:40	29	15:51	243	15:51	21.08	2:33:23	7:16	4	15:46	198	21:43
Lap 5	5.27	42:38	8:05	27	17:19	233	17:19	26.35	3:16:01	7:26	4	21:08	219	1:13:12
Lap 6	5.27	47:44	9:03	30	21:47	242	21:53	31.62	4:03:45	7:42	3	30:24	215	1:34:59
Lap 7	5.27	50:26	9:34	31	24:19	243	24:19	36.89	4:54:11	7:58	3	40:33	211	1:59:18
Last lap Finish	5.27	48:23	9:10	25	22:40	218	22:40	42.16	5:42:34	8:07	30	4:21:01	246	5:15:47