



# 9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

## Detailed evaluation

**MEYER, Daniel**

Club: Weiterstadt  
Number: 228

Course: 42.16 km  
Marathon

Category:  
Männer M30

Total time: 5:55:33

Speed: 7.09 km/h  
Running performance: 8:26 min/km

Rank in course/Total: 273 (of 289)

Rank in course/Men: 247 (of 261)

Best time in course: 3:20:36

Rank in category: 30(of 31)

Best time in the category: 3:22:43

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |  |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |  |
| Lap 1           | 5.27        | 38:06         | 7:13            | 31          | 14:29          | 245         | 15:44         | 5.27          | 38:06         | 7:13            | 2           | 10:55          | 257        |               |  |
| Lap 2           | 5.27        | 38:39         | 7:20            | 31          | 14:06          | 251         | 15:13         | 10.54         | 1:16:45       | 7:16            | 2           | 21:35          | 189        |               |  |
| Lap 3           | 5.27        | 38:00         | 7:12            | 30          | 13:42          | 240         | 14:22         | 15.81         | 1:54:45       | 7:15            | 2           | 30:13          | 236        |               |  |
| Lap 4           | 5.27        | 39:24         | 7:28            | 31          | 14:45          | 230         | 14:46         | 21.08         | 2:34:09       | 7:18            | 2           | 39:45          | 210        | 22:29         |  |
| Lap 5           | 5.27        | 40:46         | 7:44            | 30          | 15:20          | 221         | 15:27         | 26.35         | 3:14:55       | 7:23            | 2           | 49:08          | 230        | 1:12:06       |  |
| Lap 6           | 5.27        | 44:49         | 8:30            | 28          | 18:58          | 225         | 18:58         | 31.62         | 3:59:44       | 7:34            | 2           | 1:21:43        | 225        | 1:30:58       |  |
| Lap 7           | 5.27        | 48:19         | 9:10            | 29          | 22:08          | 226         | 22:12         | 36.89         | 4:48:03       | 7:48            | 2           | 1:07:53        | 221        | 1:53:10       |  |
| Last lap Finish | 5.27        | 1:07:30       | 12:48           | 31          | 41:26          | 255         | 41:47         | 42.16         | 5:55:33       | 8:26            | 31          | 2:32:50        | 257        | 5:28:46       |  |