



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Nicolmann, Detlef

Club: Das Meininger Theater
Number: 1050

Course: 16.20 km
Langdistanz

Category:
Männer M45

Total time: 1:19:18

Speed: 12.26 km/h
Running performance: 4:54 min/km

Rank in course/Total: 70 (of 263)

Rank in course/Men: 68 (of 231)

Best time in course: 59:27

Rank in category: 15(of 59)

Best time in the category: 1:06:45