



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

Schuch, Joachim

Club: Team 1434 Weißensee  
Number: 1121

Course: 16.20 km  
Langdistanz

Category:  
Männer M50

Total time: 1:19:29

Speed: 12.08 km/h  
Running performance: 4:55 min/km

Rank in course/Total: 73 (of 263)

Rank in course/Men: 71 (of 231)

Best time in course: 59:27

Rank in category: 9(of 23)

Best time in the category: 1:12:19