



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Arnold, Jens

Club: TSV 1860 Langewiesen
Number: 259

Course: 10.00 km
Kurzdistanz

Category:
Männer M45

Total time: 49:46

Speed: 12.06 km/h
Running performance: 4:59 min/km

Rank in course/Total: 45 (of 207)

Rank in course/Men: 42 (of 144)

Best time in course: 35:53

Rank in category: 10(of 25)

Best time in the category: 41:11