



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Schwarz, Marco**

Club: SV Union Friemar  
Number: 187

Course: 10.00 km  
Kurzdistanz

Category:  
Männer M30

Total time: 49:52

Speed: 12.03 km/h  
Running performance: 4:59 min/km

Rank in course/Total: 47 (of 207)

Rank in course/Men: 43 (of 144)

Best time in course: 35:53

Rank in category: 6(of 11)

Best time in the category: 44:43