



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Päsler, Ralf**

Club: Pummpälz e. V.  
Number: 1029

Course: 10.00 km  
Kurzdistanz

Category:  
Männer M55

Total time: 50:04

Speed: 11.98 km/h  
Running performance: 5:01 min/km

Rank in course/Total: 48 (of 207)

Rank in course/Men: 44 (of 144)

Best time in course: 35:53

Rank in category: 5(of 10)

Best time in the category: 43:11