



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Schröder, Daniel**

Club: LG Sonneborn  
Number: 1211

Course: 16.20 km  
Langdistanz

Category:  
Männer M30

Total time: 1:10:35

Speed: 13.60 km/h  
Running performance: 4:22 min/km

Rank in course/Total: 10 (of 263)

Rank in course/Men: 9 (of 231)

Best time in course: 59:27

Rank in category: 2(of 23)

Best time in the category: 1:01:11