



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Höpfner, Ralf

Club: Gotha
Number: 22

Course: 10.00 km
Kurzdistanz

Category:
Männer M45

Total time: 50:39

Speed: 11.85 km/h
Running performance: 5:04 min/km

Rank in course/Total: 50 (of 207)

Rank in course/Men: 45 (of 144)

Best time in course: 35:53

Rank in category: 11(of 25)

Best time in the category: 41:11