



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Ernst, Beate

Club: Sonntagsläufer
Number: 114

Course: 10.00 km
Kurzdistanz

Category:
Frauen W45

Total time: 50:40

Speed: 11.84 km/h
Running performance: 5:04 min/km

Rank in course/Total: 51 (of 207)

Rank in course/Women: 6 (of 63)

Best time in course: 45:22

Rank in category: 2(of 18)

Best time in the category: 50:26