



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Kessler, Frank

Club: Menteroda
Number: 1474

Course: 16.20 km
Langdistanz

Category:
Männer M45

Total time: 1:20:57

Speed: 11.86 km/h
Running performance: 5:00 min/km

Rank in course/Total: 85 (of 263)

Rank in course/Men: 82 (of 231)

Best time in course: 59:27

Rank in category: 19(of 59)

Best time in the category: 1:06:45