



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Grünbaum, Marcel**

Club: Mechterstädt  
Number: 1163

Course: 16.20 km  
Langdistanz

Category:  
Männer M20

Total time: 1:21:17

Speed: 11.81 km/h  
Running performance: 5:01 min/km

Rank in course/Total: 90 (of 263)

Rank in course/Men: 87 (of 231)

Best time in course: 59:27

Rank in category: 9(of 23)

Best time in the category: 59:27