



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Lembert, Erhard

Club: ZSG-Ringen

Number: 309

Course: 10.00 km

Kurzdistanz

Category:

Männer M50

Total time: 51:28

Speed: 11.66 km/h

Running performance: 5:09 min/km

Rank in course/Total: 57 (of 207)

Rank in course/Men: 51 (of 144)

Best time in course: 35:53

Rank in category: 5(of 22)

Best time in the category: 48:10