



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Röder, Stephan

Club: PETERZELKA&RÖDER
Number: 1353

Course: 16.20 km
Langdistanz

Category:
Männer M50

Total time: 1:21:35

Speed: 11.77 km/h
Running performance: 5:02 min/km

Rank in course/Total: 92 (of 263)

Rank in course/Men: 89 (of 231)

Best time in course: 59:27

Rank in category: 13(of 23)

Best time in the category: 1:12:19