



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

Friedrich, Hubert

Club: Eisenach  
Number: 303

Course: 10.00 km  
Kurzdistanz

Category:  
Männer M50

Total time: 51:44

Speed: 11.60 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 60 (of 207)

Rank in course/Men: 54 (of 144)

Best time in course: 35:53

Rank in category: 6(of 22)

Best time in the category: 48:10